

At Illume we believe, like the General Dental Council, that tooth whitening should only be provided by registered dentists. We use a well researched technique using materials which have been shown to be efficient and safe and we strongly advise against going to whitening clinics with unqualified personnel and also against purchasing unsafe and possibly damaging materials from the internet.

The process of tooth whitening has now been protected by law making it illegal for anyone except a dentist to prescribe it.

Professional Tooth Whitening will help remove stains and dark pigmentation from the teeth with a gentle sustained release action. The tooth structure remains unchanged whilst most patients experience a definable level of tooth whitening.

A Professional Consultation will identify those patients most likely to benefit. Old fillings may need to be replaced and of course any decayed areas restored. An impression of the teeth will need to be taken in order to produce a custom made whitening tray (similar to a very soft, thin gum shield).

Once the tray has been made your dentist will demonstrate how to use the whitening gel. Most clients will wear the tray at home for 30 minutes a day or usually whilst sleeping, depending upon the method and type of material selected. Your dentist will advise you how long your treatment is likely to take and will closely monitor your progress. We often suggest completing one jaw at a time.

Research and experience show that the whitening effect can last for some years. However, teeth will darken faster if they are again exposed to staining products such as tobacco, coffee, tea, red wine or juices, fried food etc. Supervised 'top up' whitening can become part of your ongoing dental care and maintenance.

The major benefit of this system is that no conventional drilling is required to achieve a whiter, brighter smile and so it avoids invasive treatments such as crowns and veneers.

Tooth whitening includes an upper and a lower tray and an appropriately prescribed gel (max. quantity 20 tubes). Further supplies can be purchased individually if required.

| Tooth Whitening Fees 2020-21 | |
|--|-------------|
| Illume Adult Members | £390 |
| Non-Member Incentive (A discount of 5% will be offered for full payment when booking the programme). | £464 |
| Non-Member Standard | £488 |

Should you require further information please do not hesitate to enquire.

